



ACKNOWLEDGEMENT OF RECEIPT  
OF NOTICE OF PRIVACY PRACTICES

I acknowledge that I was provided a copy of the Notice of Privacy Practices.

\_\_\_\_\_  
Patient Name (Please Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Authorized Representative (If applicable)

\_\_\_\_\_  
Signature

REQUEST FOR CONFIDENTIAL COMMUNICATIONS

I, \_\_\_\_\_ (patient) \_\_\_\_\_ (date of birth)  
hereby give Surgical Associates, Inc. permission to discuss my medical and/or billing information  
with the following person/persons:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Either by oral communication or written communication,  
whichever is appropriate at the time.

I, \_\_\_\_\_ (patient) \_\_\_\_\_ (date of birth)  
hereby give Surgical Associates, Inc. permission to leave messages on my voice mail \_\_\_\_\_.  
e-mail \_\_\_\_\_ or cell phone \_\_\_\_\_.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

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Privacy Practice: \_\_\_\_\_ Individual Refused to Sign  
\_\_\_\_\_ Communication Barriers Prohibited Obtaining the Acknowledgment  
\_\_\_\_\_ An Emergency Situation Prevented Us from Obtaining Acknowledgment  
\_\_\_\_\_ Other

# SA SURGICAL ASSOCIATES

Board Certified - General Surgery - Surgical Critical Care - Colon & Rectal Surgery

Suite 900, Warren Prof. Bldg., 6465 South Yale, Tulsa, OK 74136-7822 • 2950 South Elm Place, Suite 215, Broken Arrow, OK 74012-7816 • T: 918/481-4800 • 800/311-4377 • Fax 918/481-4826

## PATIENT REGISTRATION AND AUTHORIZATION

PATIENT NAME (LAST, FIRST, MIDDLE)						SOCIAL SECURITY NUMBER				
DATE OF BIRTH	AGE	SEX <input type="checkbox"/> M <input type="checkbox"/> F	LANGUAGE <input type="checkbox"/> English <input type="checkbox"/> Italian <input type="checkbox"/> Spanish <input type="checkbox"/> Other <input type="checkbox"/> French <input type="checkbox"/> Japanese <input type="checkbox"/> Portuguese			MARITAL STATUS <input type="checkbox"/> Divorced <input type="checkbox"/> Legally Separated <input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Life Partner <input type="checkbox"/> Never Married <input type="checkbox"/> Widowed				
RACE <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> White <input type="checkbox"/> Other				ETHNICITY <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino						
ADDRESS					CITY, STATE		ZIP CODE			
TELEPHONE			PAGER/CELL PHONE		REFERRING PHYSICIAN					
EMPLOYER			EMPLOYER ADDRESS			CITY, STATE	ZIP CODE			
EMPLOYER TELEPHONE		EXTENSION	PATIENT'S E-MAIL							
RELATIONSHIP TO PATIENT			GUARANTOR NAME		SOCIAL SECURITY NUMBER		DATE OF BIRTH	AGE	SEX <input type="checkbox"/> M <input type="checkbox"/> F	
ADDRESS					CITY, STATE		ZIP CODE			
TELEPHONE			PAGER/CELL PHONE		EMPLOYER					
EMPLOYER TELEPHONE										
<b>EMERGENCY CONTACT</b>					<b>PHARMACY</b>					
NAME			RELATIONSHIP TO PATIENT		NAME					
TELEPHONE		EMPLOYMENT TELEPHONE			LOCATION/ADDRESS					
<b>PRIMARY INSURANCE</b>					<b>SECONDARY INSURANCE</b>					
INSURANCE COMPANY NAME					INSURANCE COMPANY NAME					
ID#					ID#			GROUP#		
PATIENT'S RELATIONSHIP TO SUBSCRIBER										
SUBSCRIBER'S NAME					SUBSCRIBER'S NAME					
			DOB		SUBSCRIBERS SS#			DOB		

**FINANCIAL RESPONSIBILITY, AUTHORIZATION TO RELEASE INFORMATION & FINANCIAL DISCLOSURE:**

I assign to Surgical Associates, Inc., any and all health insurance benefits and other public and private benefits covering the medical treatment provided to me, and I direct that all payments for such services be made directly to Surgical Associates, Inc. I understand that I am financially responsible for all insurance deductibles, coinsurance payments and for the cost of all medical treatment that is not covered by insurance or for which there are no other benefits available.

Surgical Associates' physicians have an ownership interest in *Oklahoma Surgical Hospital, LLC, Artesian Cancer Center LLC, Breast PET, LLC and Sleep Solutions, LLC*, and your physician may refer you to one or more of these facilities for medical treatment. Please let your physician know if you have any questions about these medical facilities. By signing below, you acknowledge the disclosure of your physician's ownership interest in these medical facilities and you consent to treatment at these facilities.

I consent to the disclosure of my Protected Health Information to my health insurance provider, and to all other public and private providers of benefits, if any, for my medical treatment. I additionally consent to the disclosure of my Protected Health Information to all medical providers that are necessary for my medical treatment.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

**HISTORY AND PHYSICAL**

PCP \_\_\_\_\_ Previous Gastric Surgery \_\_\_\_\_

**REVIEW OF CO-MORBID CONDITIONS (Please complete in detail)**

**Pulmonary**

Drowsy Days Yes No Shortness of Breath Yes No Asthma Yes No Age of Onset \_\_\_\_\_  
Snoring Yes No Choking at night Yes No # of Pillows \_\_\_\_\_ Awake at night Yes No  
Sleep Apnea Yes No Require Machine Yes No

**Cardiovascular**

Congestive Heart Failure Yes No Heart Attack Yes No Chest Pain Yes No  
Hypertension Yes No Take Meds Yes No Swelling of Ankles Yes No

**Gastrointestinal**

Ulcer/Gastritis Yes No Aspiration/Choking Yes No Heartburn Yes No Hiatal Hernia Yes No  
Diagnosed GERD Yes No Nissen Procedure Yes No Gallbladder Disease Yes No  
Frequency of Attacks \_\_\_\_\_ Year Removed \_\_\_\_\_

**Genitourinary**

Urinary Stress Incontinence Yes No How Often \_\_\_\_\_ Wear Pad Yes No

**Diabetes**

Yes No Age of Onset \_\_\_\_\_ Physician \_\_\_\_\_ Control Good \_\_\_\_\_ Poor \_\_\_\_\_

**Hyperlipidemia**

Yes No Age of Onset \_\_\_\_\_ Physician \_\_\_\_\_ Take Meds Yes No

**Musculoskeletal**

Arthritis Yes No Pain of Wt Bearing Joints: Back \_\_\_\_\_ Hips \_\_\_\_\_ Knees \_\_\_\_\_ Feet \_\_\_\_\_  
Exercise Limitations: Mild \_\_\_\_\_ Moderate \_\_\_\_\_ Severe \_\_\_\_\_  
Physical Limitations/Disabilities (*check all that apply*)  
Climbing Stairs Use of Public Seating Airline Travel  
Tying Shoelaces Lifting Objects from Floor Playing with Children  
Caring for Personal Needs Unusual Fatigue

**Psychosocial**

Depression Yes No Low Self-Esteem Yes No Social Behavior Good Poor

**Weight Loss History**

Diet	Age Obesity First Noted Year	Current Weight Wt Loss	Maximum Weight # of months on program
Fen-Phen	_____	_____	_____
Redux	_____	_____	_____
Meridia	_____	_____	_____
Xenical	_____	_____	_____
Injections	_____	_____	_____
Weight Watchers	_____	_____	_____
Jenny Craig	_____	_____	_____
Richard Simmons	_____	_____	_____
Behavior Modification	_____	_____	_____
Overeaters Anonymous	_____	_____	_____
Hypnosis	_____	_____	_____
Acupuncture	_____	_____	_____
Nutritionist/Dietitian	_____	_____	_____
Psychiatrist/Therapy	_____	_____	_____
Exercise	_____	_____	_____
Opti-fast	_____	_____	_____
Physician Directed Diet Plan (List)	_____	_____	_____
Self Monitored Diets (List)	_____	_____	_____

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

**Current Medications**

*(use separate sheet if necessary)*

		<b>Drug</b>	<b>Dosage</b>	<b>Reason Prescribed</b>
Aspirin	<input type="checkbox"/> Yes <input type="checkbox"/> No	1. _____	_____	_____
NSAIDS	<input type="checkbox"/> Yes <input type="checkbox"/> No	2. _____	_____	_____
Coumadin	<input type="checkbox"/> Yes <input type="checkbox"/> No	3. _____	_____	_____
		4. _____	_____	_____
		5. _____	_____	_____

**Drug Allergies**

\_\_\_\_\_ Check if NONE

	<b>Drug</b>	<b>Reaction</b>
1.	_____	_____
2.	_____	_____

**Allergies**

Do you have symptoms like red itchy eyes, general itching, shortness of breath, wheezing, fast heartbeat, feeling faint, nausea, or vomiting when exposed to the following:

- Dye Yes No      Iodine Yes No  
 Latex Yes No      Rubber Yes No  
 (Band-Aids, tape, spandex, balloons)\*

Describe \_\_\_\_\_  
\_\_\_\_\_

**Operations**

\_\_\_\_\_ Year \_\_\_\_\_  
 \_\_\_\_\_ Year \_\_\_\_\_  
 \_\_\_\_\_ Year \_\_\_\_\_  
 \_\_\_\_\_ Year \_\_\_\_\_

**History of Surgical Complications**

- Bleeding Yes No  
 Anesthesia Problems Yes No  
 Blood Transfusion Yes No  
 Infections Yes No

**Other Significant Conditions or Hospitalizations**

\_\_\_\_\_ Year \_\_\_\_\_  
 \_\_\_\_\_ Year \_\_\_\_\_

**Social History**

Marital Status S: \_\_\_\_\_ M: \_\_\_\_\_ D: \_\_\_\_\_ W: \_\_\_\_\_ Feeling of Spouse about Surgery \_\_\_\_\_

Alcoholic Beverages: None Light Moderate Heavy

Smoking History Never Former Smoker Year quit \_\_\_\_\_

CURRENTLY Smoking: Packs per Day \_\_\_\_\_

When do you plan to stop smoking permanently? \_\_\_\_\_

Drug Use: Yes No Describe \_\_\_\_\_

Coffee/Caffeine Use: None \_\_\_\_\_ or \_\_\_\_\_ Cups per day

Carbonated Beverages: None \_\_\_\_\_ or \_\_\_\_\_ Sodas per day

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

**Past Medical History**

Rheumatic Fever Yes No      Diabetes Yes No      Hx of alcohol abuse Yes No  
Scarlet Fever Yes No      Hepatitis Yes No      Hx of bleeding Yes No  
TB Yes No      AIDS/HIV Yes No

**Family History** (Have any Blood Relatives had)

Cancer Yes No      Describe \_\_\_\_\_  
Diabetes Yes No      \_\_\_\_\_  
Heart attack before Age 40 Yes No      \_\_\_\_\_  
Morbid Obesity Yes No      \_\_\_\_\_  
Hypertension Yes No      \_\_\_\_\_

**Review of Systems**

OB/GYN      Last Menstrual Period \_\_\_\_\_      Current Contraceptive Method \_\_\_\_\_  
is it possible you are currently pregnant? \_\_\_\_\_  
Pregnancies: Number of Pregnancies: \_\_\_\_\_      Number of Live Births: \_\_\_\_\_  
  
 1st pregnancy       2nd pregnancy       3rd pregnancy  
Age \_\_\_\_\_ Wt Gain \_\_\_\_\_      Age \_\_\_\_\_ Wt Gain \_\_\_\_\_      Age \_\_\_\_\_ Wt Gain \_\_\_\_\_

**General**

Hypertension Yes No      Fevers Yes No  
Sweats Yes No      Fatigue Yes No  
Rectal Bleeding Yes No      Loss of Appetite Yes No  
Bloody Sputum Yes No      Persistent Cough Yes No  
Deep Vein Thrombosis Yes No      Pulmonary Embolism Yes No  
Emphysema/COPD Yes No      Coronary Artery Disease Yes No  
Liver Disease Yes No      Heart Murmur Yes No  
Varicose Veins Yes No      Thrombophlebitis Yes No  
Colitis/Enteritis Yes No

**Skin**

Rashes Yes No      Skin Cancer Yes No

**Special Senses**

Visual Problems Yes No      Hearing Problems Yes No  
Ear Ringing Yes No      Dizziness Yes No

**Neurologic**

Headaches Yes No      Migraines Yes No  
Seizures Yes No      Strokes Yes No  
Memory Loss Yes No      Shaking Yes No  
Numbness Yes No      In-coordination Yes No

**Infections**

AIDS contact Yes No      TB Exposure Yes No  
Swollen Glands Yes No      Recurring Infections Yes No  
Immunocompromised (HIV, Asplenia, Other) Yes No

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

**PSYCHOSOCIAL ASPECTS**

Self-Esteem/Insecurities: \_\_\_\_\_

Social Behavior: \_\_\_\_\_

Family Interactions: \_\_\_\_\_

Sexual Activity: \_\_\_\_\_

Work Relations or Discrimination: \_\_\_\_\_

**CONFIDENTIAL INFORMATION USED FOR PSYCHIATRIC EVALUATION**

Have you ever had a time in you life when you felt depressed or down almost every day for at least 2 weeks? \_\_\_\_\_

Any suicidal episodes? \_\_\_\_\_

Have you ever had a problem with vomiting, fasting, excessive exercise or laxative use? \_\_\_\_\_

Do you overeat in reaction to feelings? (i.e. anxiety, anger, loneliness) \_\_\_\_\_

Is your family supportive? \_\_\_\_\_

Have you ever been treated or hospitalized for psychiatric reasons? \_\_\_\_\_

**CURRENT PRESCRIBED PSYCHIATRIC MEDICATIONS: (Please list drug and dosage)**

_____	_____
_____	_____
_____	_____
_____	_____

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

**NUTRITIONAL HISTORY**

Number of meals per day: \_\_\_\_\_

Eat between meals:  Yes  No

Do you drink sodas?  Yes  No (If yes, how many per day) Diet: \_\_\_\_\_ Regular: \_\_\_\_\_

How many glasses of water per day? \_\_\_\_\_

- Food Preferences:
- |                                     |   |   |
|-------------------------------------|---|---|
| <input type="checkbox"/> Candy      | <input type="checkbox"/> Fried Food     | <input type="checkbox"/> Fast Food      |
| <input type="checkbox"/> Chocolate  | <input type="checkbox"/> Steak/Red Meat | <input type="checkbox"/> Pizza          |
| <input type="checkbox"/> Cakes/Pies | <input type="checkbox"/> Seafood        | <input type="checkbox"/> Dairy Products |
| <input type="checkbox"/> Cookies    | <input type="checkbox"/> Chips/Snacks   | <input type="checkbox"/> Vegetables     |

**YOUR FOOD PATTERN**

Instructions:  
PRODUCTS  
Record the food and  
amount you've eaten  
over the last two days

**Food and Amount**

Milk and Other Dairy

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Meat and Meat Alternatives

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Vegetables and Fruit

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Breads and Cereals

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Extra Foods

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PATIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**Patient Name:** \_\_\_\_\_ **BD:** \_\_\_\_\_

**BARIATRIC SURGERY CONTRACT**

This contract is to assist our patients with the surgery scheduling process. Our physicians and staff are committed to do everything possible to minimize the often frustrating experience of waiting for insurance authorization. Please read each statement carefully and initial the corresponding box to indicate that you have read and understand the contract.

1. \_\_\_ I have attended a patient education lecture, received, read and understand the Bariatric Patient Protocol.
2. \_\_\_ The risks and benefits of Roux-en-Y Divided Gastric Bypass and Laparoscopic Banding were explained at the lecture I attended.
3. \_\_\_ I understand, based on my insurance, there may be a deposit or co-pay required and that there will be an assistant surgeon with a fee separate and additional to the surgeon's fee.
4. \_\_\_ I understand there are additional fees for any other surgery performed at the same time as the RGB or Lap band (Removal of gallbladder, hernia repair, etc).
5. \_\_\_ I understand fees for all preoperative evaluations, radiology and/or laboratory fees, hospital charges and anesthesia fees are billed separately, and I am responsible to provide billing and insurance information to these other providers. A deposit or co-pay may be required by some offices.
6. \_\_\_ I understand all medical records over the last 5 years and a PCP support letter must be obtained and provided to my surgeon prior to the preoperative history and physical examination by my surgeon.
7. \_\_\_ Operative records are required from any previous obesity surgery. I will obtain these records before the preoperative examination by the surgeon.
8. \_\_\_ I understand insurance pre-authorization takes from two to eight weeks. If I wish surgery earlier, I understand a cash alternative is available.
9. \_\_\_ I understand managed care pre-authorization must be obtained through my primary care physician or network and may take longer than eight weeks.
10. \_\_\_ I understand my surgeon must receive written insurance predetermination authorization before scheduling surgery with the hospital.
11. \_\_\_ I understand cash payments must be made and the financial agreement signed and returned one week prior to my scheduled surgery date.
12. \_\_\_ I understand it is my responsibility to be aware of my insurance benefits and to know which providers of services are covered by my insurance. I understand if I use facilities not covered under my insurance, I WILL BE RESPONSIBLE FOR ANY FEES INCURRED. I will provide my surgeon the name of participating labs and x-ray facilities BEFORE testing is ordered and/or obtained.
13. \_\_\_ I understand routine office visits with my surgeon are provided at no charge for the first three months unless otherwise contractually agreed. I further understand there will be charges for any blood tests or x-rays ordered by my physician.
14. \_\_\_ I understand and agree to comply with my surgeon's postoperative follow-up protocol. I agree to see my surgeon and family physician accordingly. It is my responsibility to provide both my surgeon and family physician with records from these visits.
15. \_\_\_ I agree to complete and return a yearly questionnaire with labs to my surgeon.
16. \_\_\_ Any medical condition that exists or develops, not in direct relationship to Gastric Bypass Surgery or Lap Banding, must be treated by my primary care physician, and I agree to coordinate my care with my surgeon. I understand my surgeon cannot treat me or fill prescriptions for other medical problems.
17. \_\_\_ I understand out-of-town patients may be required to make arrangements to stay in the area until released by their surgeon to return home.
18. \_\_\_ I understand that successful long-term weight loss is contingent upon compliance with the principles and guidelines of the Program.
19. \_\_\_ I understand this document.

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**STAFF SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_



## **SAMPLE PCP SUPPORT LETTER**

January 10, 2002

Steven Katsis, M.D./Kevin Fisher, D.O./Christopher Cole, D.O./Brandon  
Varnell, M.D.  
Surgical Associates  
6465 S. Yale, Suite 900  
Tulsa, Ok 74136

Dear Dr. Katsis/Dr. Fisher/Dr. Cole/Dr. Varnell:

Jane Doe is a 42 year old patient of mine that I have seen for the past 5 years. She is 5' 6" and weighs 325 pounds. She has been medically managed on multiple diets and exercise programs over the last 5 years but has been unable to stabilize her weight. She suffers from hypertension and diabetes. I certainly agree that she would be a good candidate from her past history and review of systems for gastric bypass surgery or the gastric banding procedure. I will continue to follow her as her Primary Care Physician. Please let me know if I can be of any assistance.

Sincerely,

Dr. Who, M.D.



## FINANCIAL POLICY FOR BARIATRIC SURGERY

Financial planning is an important part of the Surgical Associates' Bariatric program. The following is a description of Surgical Associates' financial policy.

After you have attended an educational group meeting, you may wish to schedule an initial visit with the surgeon. If you have insurance coverage, Surgical Associates will file your insurance for your visit. You will be asked to pay your office visit co-pay at the time of service. If you do not have insurance coverage, you will be asked to pay for your office visit at the time of service.

Following your initial visit with the surgeon, our business office will begin the verification process with your insurance company. We will verify your specific insurance coverage for the bariatric procedure and determine what deductible and co-pay or "out of pocket" expenses you will be responsible for. These "out of pocket" expenses will need to be paid at your pre-operative appointment with the doctor. Someone from our business office will call you with the total amount due once this information has been collected. **Please note that this is an estimate only and is subject to change.**

In the event that you do not have insurance coverage, the fee for the bariatric procedure must be paid in full at least 7 days prior to your scheduled surgery date or your surgery may be postponed. Please contact our business office for these specific fees.

**The above financial policy pertains to Surgical Associates fees only. Please understand that you will need to make separate financial arrangements with the other providers that are involved in your care.**

If you have any questions about our financial policy, please feel free to call the Surgical Associates' business office at (918) 481- 4807.

**Surgical Associates Bariatric Program**  
**Helpful Tips**

- 1) Learn as much as you can about the surgery you want to have performed and the bariatric program.

Helpful websites:

[www.satulsa.com](http://www.satulsa.com)

[www.bariatricedge.com](http://www.bariatricedge.com)

[www.realizeband.com](http://www.realizeband.com)

- 2) Determine if your insurance covers bariatric surgery. Call your insurance company by using the number on the back of your insurance card and ask if they cover gastric bypass surgery or gastric adjustable banding surgery. You can also call 1.866.REALIZE (732-5493) and they will help you determine your insurance coverage or discuss financing options with you.

- 3) *If you don't have a 6 month diet within the last 2 years noted in your medical records, get started NOW and make sure it is noted in your PCP's records with monthly weigh-ins. This will ensure a quicker process through the program when its time.*

- 4) ***Be patient.*** This is not a quick process and Surgical Associates want to ensure that everything is in place so we can help you reach your goal of a *healthier you.*



### **Surgical Associates Bariatric Program**

Discuss the surgery with your Primary Care Physician (PCP) and obtain a letter in support of you having the surgery. You must have this to see the Surgeon for a consult appointment. If your PCP does not support you for surgery, please contact us for a referral.

**Obtain all Medical Records from the last 3 years documenting anything related to your obesity, including weight and diet history and documentation of co-morbid conditions, such as high blood pressure, diabetes, sleep apnea, etc. This can include any outside diet plans, such as Weight Watchers, Tops, Nutri-System, etc. Your surgeon, as well as your insurance company, will want to see a documented 3 – 6 month diet plan within the last 2 years. Some insurance companies are more strict than others. Please check in with your plan on specific requirements. It is advised to get on a documented diet now, including monthly weigh-ins, with your PCP, so you are that much further ahead if your insurance denies due to diet history.**

Mail, fax or bring by your PCP support letter and medical records. Obtain any necessary insurance authorization from your PCP, if needed, for your consult appointment with the Surgeon.

Start attending Support Group Meetings. You are required to attend at least one before surgery, but are encouraged to attend as many as possible both before and after surgery. The meetings are the second Tuesday of each month at 6:00 p.m. at the address below.

Please be sure and send all info to:  
Surgical Associates  
Bariatric Program  
6465 So Yale Ave., Suite 900  
Tulsa, Oklahoma 74136  
Fax – 918-481-4973

We hope to see you soon!  
Please call one of our bariatric staff with  
questions (918-481-4800).